

AFRIKABA™

The Festival of African, Caribbean & Mixed Heritage
Arts, Culture, Innovation & Legacy

www.afrikaba.co.uk



WORKSHOPS – 2011

(V2.1)

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INTRODUCTION

AfriKàBa is an annual Festival of African, Caribbean and mixed heritage arts, culture, innovation, science & legacy.

AfriKàBa showcases a wealth of creativity emanating from the rich, diverse continent of Africa and highlights the heritage embedded in her children from the Caribbean and across the world.

AfriKàBa offers enriching and unique experiences with which everyone can relate.

AIMS

- Promote knowledge of Black history, culture, and heritage
- Disseminate information on positive Black contributions to British society
- Offer unique experiences the entire community can enjoy

OBJECTIVES

- That in knowing more about their heritage and legacy, the confidence and self esteem of black children and adults will be increased
- That in being aware of the contributions made by black people to society, the sense of community cohesion, respect and harmony will be increased amongst all groups
- That the workshops become a useful educational resource for schools, community education programmes and cultural development.

MUSIC, DRUMMING AND DANCE

AfriKàBa workshops and master-classes engage audiences directly with performers in order to learn new skills. Unless otherwise stated, these workshops are suitable for all ages and abilities.

CARIBBEAN CARNIVAL – STEEL PAN

Can you imagine a Caribbean carnival without the ubiquitous, high spirited, joyous Steel Pan? This distinctive instrument dates back to the days when slaves were brought to the Caribbean from Africa and were not allowed to play their traditional drums. This did not however, stop them from improvising with whatever was to hand and celebrating, be it with bamboo canes, bottles, metal cooking pots or kettles. This half day workshop gives you an opportunity to explore this interesting instrument and learn to play simple tunes. Suitable for all ages and abilities.

KORA, KORA

This beautiful 21 string instrument used widely in African music was traditionally played only by men. Described as being similar to a harp lute, the sweet melodic sound transfixes your attention. This workshop is delivered by Sona Jobarteh. She was the first female Kora virtuoso and she descends from a long line of hereditary musicians. Sona is known for her unique teaching style, developing a method, which enables anyone to grasp a good understanding of this amazing musical instrument.

HKB FINN PERFORMANCE WORKSHOPS

How did a child Poet move from free verse and folk music to rhyming couplets and Rap? How then did a Rapper get from Hardcore Hip Hop to Classical, then to Drum & Bass and then to Jazz and eventually to create his own genre where he eschews many genre's into one? This workshop focuses on building and developing better performance techniques for new musicians and honing better writing and performance techniques for Poets.

AFRICAN DRUMMING (BEGINNERS WORKSHOP)

Taught by Ernest Kwame Obeng, this workshop teaches a variety of African rhythms using traditional Djembe drums.

DJEMBE TALK

Before the advent of written language, Griots travelled through towns and villages passing on local and distant news. Griots were more than storytellers they were the main form of communication, the newspapers and internet of the 16th century, yet they exist today with new purpose. This workshop is specifically targeted to young people. Utilising the knowledge and skill of experienced masters it enthuses a new generation of storytellers with age old traditions of that has roots deep in the heart of Africa, culminating in a round-circle storytelling performance.

AFRICAN DANCE FOR BEGINNERS

Taught by Ernest Kwame Obeng a former dancer with the Ghanaian National Dance Ensemble and Adzido Pan African Dance, Ernest is a dynamic and charismatic performer and teacher. Using live drums and recorded music this energizing and fun workshop will introduce the following traditional dances:

The Welcome Dance	performed to please visitors and show the happiness of the tribe
The Coming of Age Dance	performed to celebrate the transition from childhood to young adult (young men and women)
The Celebration or Love Dance	performed at weddings, anniversaries and tribal festivals
The Warrior Dance	an artistic demonstration of strength and power used in warfare

MUSIC AS WEAPON OF MASS HARMONY

This is the story of the human race. It is a performance that follows the path of human migration out of the birth continent, Africa, around the world.

PERCUSSION MAGIC

Come and create your own percussion instrument with Rafael Berrio. Rafael is a child of the Colombian Caribbean regions of Barranquilla and Santa Maria in the North of South America. He creates artwork and sculpture inspired by a deep sense of ethics and love of nature. His work explores the connection between man and nature, and includes references from religious folklore, culture, and environmental awareness. His craft workshops are suitable for all ages, abilities, and uses symbolic motifs from Latin America and Africa to create unique one of a kind instruments to take home.

DENDE CAPOEIRA!

Dance, playful conversation, movement, music, drumming and song. Capoeira is a beautiful game, with an inspiring history. This African-Brazilian sport is a gentle martial art that will challenge your body, open your heart and keep you singing as you walk down the street! Learn the basic moves, partner work, and have a go in the Roda (circle). Learn an Afro-Brazilian song and try out the instruments. Ages 5-7, 8-10, 11-14, 15-99

AFRICAN DRUMMING AND HISTORICAL AWARENESS MASTER-CLASS

The African drum is not merely a tool for entertainment, the significance of the drum to African society and its connection to the heart of human emotions, struck fear into the hearts of Africa's colonizers. This master-class devised by Ghanaian Drum Master Nana Tsiboe, looks at the origins of the drum as a messenger and teaches techniques that are more advanced. If you want to comprehend drum language, you need the technique to create different tones on the drum. All abilities welcome, however, beginners be warned. Come and learn how to drum like a warrior!

OTHER WORKSHOPS

AfriKàBa offers a variety of workshops facilitated by masters in their profession teaching skills that everyone can enjoy.

AFRO-CARIBBEAN STORY TELLING FOR CHILDREN

Don't know what to do with the young ones? Bring them along for a delightful afternoon filled with colourful Caribbean folk tales from Sandra Agard.

AFRICAN TEXTILES

This practical, hands-on workshop teaches the social relevance of West African cultural art forms, such as the Adinkra symbol and Kente patterns, which have been integrated into European culture. You'll get to design patterns on textiles to tell stories from your own life.

BUSINESS WORKSHOPS

Would you like to do business in Africa? Africa is not a single country and the images portrayed in the media do little to convey the wealth and vast array of opportunities that reside there. Are you interested in trading on the African continent? How might you begin? This workshop will help dispel some of the myths and give you an insight to the region.

CARIBBEAN COOKING

Learn how to cook a nutritional and mouth-watering Caribbean dish to share for lunch. This practical cooking session for both adults and children demonstrates specific techniques and skills for young people when preparing a variety of foods, and highlights how quick and cost effective it is to cook your own healthy meals.

AFRICAN SNACKS

Learn how to cook interesting African snacks such as Mandazis and Chapattis

FILM MASTER-CLASS

Delivered by leading black professional film makers, these workshops offer debates, skills training and professional mentoring to help turn your film idea into a screen reality

WORLD OF MUSIC AND LITERATURE

These workshops introduce students to the world of music and literature. They feature music, song, and story highlighting both the spoken and written word.

TELLING STORIES - CHILDREN'S STORYTELLING MASTER CLASS

Do you have a skill for storytelling? Would you like to learn how to improve your storytelling skills? Engaging with young children in a story telling environment can be scary for even the most experienced storyteller. This workshop will teach you how to engage with babies and young children.

SCHOOLS PROJECTS

All the workshops described in this document can be used in school and college settings, we can also devise suitable workshops to be delivered over a whole month, term or duration to fit your requirements.

JOURNEYS

This cross curriculum project delivered by Essequibo Music & Associates with Orphy Robinson and Chima Okafor introduces students to the 'World of Music and Literature'. Through highly interactive workshops sessions that engage all five senses, each class encourages and develops students in devising their own JOURNEY. It features music, song, and themed stories that highlight both the spoken and written word. The workshops culminate in a production piece to be performed by students in school. Curriculum areas: Art, Geography, History, IT, MFL, Music

AFRICAN TEXTILES

This practical, hands-on lesson teaches the social relevance of West African cultural art such as the Adinkra symbol and Kente patterns, which have become integrated into European culture. Students learn the historical significance of the symbols and learn to design patterns on textiles in order to tell stories from their own lives.

MOFRA OLYMPICS (MUSIC OF REGIONAL AFRICA)

Not everyone recognises that Africa is not a single country but a continent made up of very different nations. The Olympics brings people together from around the world with more than 40 African nations taking part. This workshop led by Master Drummer Nana Tsiboe is run over 10 weeks. It brings together a select number of children of school age to form a junior drum group. Schools select students they wish to put forward and over the period of 10 weeks, leading up to the start of the 2012 Olympics, the group will learn traditional pieces of music from different African countries and will culminate in a performance.

DJEMBE TALK

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This workshop is specifically targeted to young people. Utilising the knowledge and skill of experienced masters it enthuses a new generation of storytellers with age old traditions of that has roots deep in the heart of Africa, culminating in a round-circle storytelling performance.

DARE TO DREAM - "RESPECT YOURSELF WORKSHOP"

In the past, Africans never owned their own image and entire generations of black people living far away from their original homeland had to settle for the images portrayed by other people, often very negative stereotypes. This workshop considers the accomplishments of black people through slavery and beyond and aims to inspire, acknowledge, enlighten and entertain participants. Encouraging them to look forward, dream, embrace those dreams and fly. Highly interactive, discussion centred with role play.

AFRICAN DRUMMING AND HISTORICAL AWARENESS MASTER-CLASS

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AFRICA DEBATE

AfriKàBa debate provides an opportunity to deconstruct, contextualise and dispel the negative stereotypes about Africa, Africans and their wider global connections.

These discussions dust off the cobwebs with up to date news, views and information. An opportunity to talk politics, review literature, and give voice to poetry, prose and spoken word by Africa's children.

NORTH AFRICAN UPDATE

2011 saw the beginning of unprecedented uprisings in North Africa to topple long standing dictatorships. What happened to trigger those events? Who were the instigators? Why did this occur now? What is likely to happen next and where do Western nations now stand in relation to this? What is right for the United Nations to intervene in the way it did? Come and take part in an informative discussion.

BLACK HEROES, SHEROES, SCIENTISTS & INVENTORS

Black Scientists & Inventors - An outline of scientific inventions in common use, traffic lights, blood transfusion, gas masks, laptops, computer speeds, atomic weapons, refrigeration, fuel, obelisks, - Black people from the past responsible for scientific breakthroughs.

THE FORGING OF AFRICAN IDENTITY

What do you know about the struggle for freedom and the forging of Africa's identity? Come and take part in an informative discussion.

STEREOTYPES UNDONE

How far has society really progressed in undoing negative stereotypes? Are we truly living in an equitable world? What is the real cost of aid given to poorer countries and who really pays the debt? Intelligent and informative discussions on a range of topics

CONTACT INFORMATION

For more information or to book a workshop

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